

EASY TRAPUNTO HOW TO

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MATERIAL USED:

- Embroidery Thread: Floriani 40 weight (You might prefer using Poly thread if you want to be able to use colors and still have the project be bleach resistant.)

Mixed Light Brown/Sand: FU12

Coral: PF1082

Purple: PF603

Gold: PF563

- Stabilizer: 1 layer of No Show Mesh® (regular) by Floriani
Remnants of Dream Weave® by Floriani (optional)
- Needle: Size 90/14
- Hot fix Beads or crystals (optional)
- Filling: Batting or yarn or threads.
- Yarn needle, long pointy tweezers
- Fabric: Just about any lightweight fabric works but for the colored Trapunto, you will prefer using batiste or very light maybe sheer fabrics.

(Note that all the Floriani products are now available on our website. After a year of enjoying them and many of you requesting that we carry them, we finally brought them in. Email us if you need help finding them on the site.)

INSTRUCTIONS:

The instructions below will show that colored yarn was used in place of the usual batting. In this case, it helped better demonstrate what was being done, but it is also a very fun way to bring color into the work.

1. Hoop one layer of No Show Mesh® and one layer of the fabric. Embroider the design. Once you are done embroidering the design, leave the work in the hoop and start working on the back of the hoop.



2. If using yarn or threads, use a yarn needle and pierce through the stabilizer without touching the fabric and proceed to insert the yarn between the stabilizer and the fabric. (You will want to use a smaller needle and regular thread or a little cording to fill the very narrow spaces. You will want to use polyester or cotton batting when wanting to do the more conventional Trapunto.)



3. Use the tips of long and pointy tweezers to push the batting or yarn into every corner.



4. Once that first piece of yarn is inserted, start inserting a second one the same way. When first pulling the needle out of the work, cut the yarn close to the needle and push the yarn in between the stabilizer and the fabric.



5. Don't worry about the little holes that you are causing, they will be taken care of later on. Fill the space but try to not overfill it, if you want your Trapunto on the right side of the work still to be soft.



6. Pre-washed chenille yarn remnants were used for the purple. Using the tweezers, pinch the tip of the yarn and insert it in between the stabilizer and fabric. Push the yarn into the space until that space is filled. Be careful again not to overfill the space so to have a soft and cushy effect.



7. Keep filling all the desired spots. Then clean up every little bit of excess away because the lint of the purple yarn will show through white batiste.



8. Use a remnant of Dream Weave® and fuse it to the back of the work to close up all the little holes. Why the Dream Weave® and not fuse a piece of stabilizer to the back? The fusible on the Dream Weave® will remain even after washing. The most important thing is that Dream Weave® will not add unnecessary bulkiness or stiffness to the work. If you do not have any Dream Weave® on hand, simply hand stitch closed the little holes. Only 2 or 3 stitches will suffice to securely close the openings if you took care to not open them too widely.



9. And voilà, you have a beautiful Trapunto. Add beads, pearls or crystals on decorative projects for a beautiful finish.



I wish you happiness stitching and embroidering. A Special Thank You to Rebecca Kempt Brent who inspired me to create this project.

Marie-Josée Mailloux

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